

## Authenticity in Leadership Finding Your Vibe

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## **Attributes of Authentic Leaders**

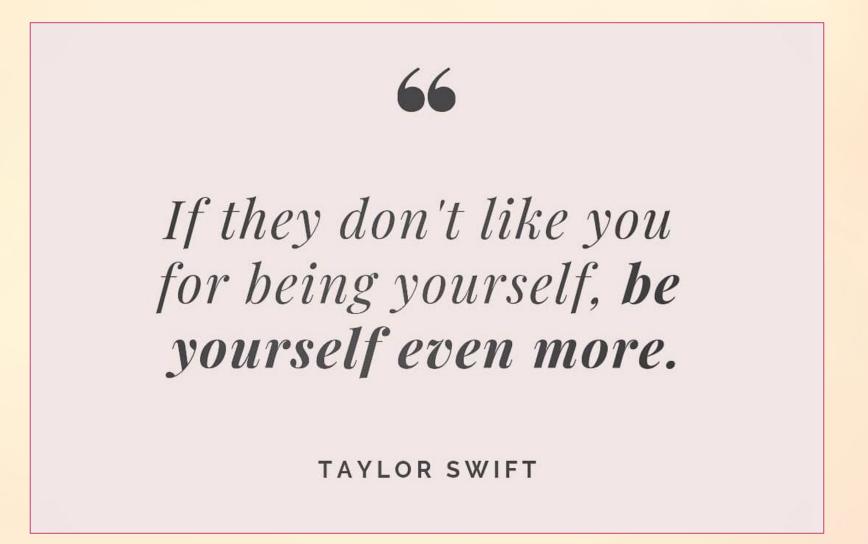


#### Why is Authenticity in Leadership Important?



#### Female Leaders and the Struggle with Authenticity

According to a 2020 study by LeanIn.org & McKinsey, women still face pressure to exhibit stereotypically masculine leadership traits like assertiveness and dominance. They often feel the need to wear a "work persona" that hides their true self.







I WANT EVERY *LITTLE GIRL* WHO'S TOLD SHE'S BOSSY TO BE TOLD INSTEAD THAT SHE HAS **LEADERSHIP SKILLS**.

SHERYL SANDBERG

Five words to describe me as a child – Driven Attention-Seeking Competitive Fearless Annoying

## **Group Discussion / Table Talk / Share**

- What are some words that would describe your personality as a child?
- Were there traits that were celebrated and others that were discouraged?
- Is there one quality that you feel you "leaned into" and helped to define who you are today?





New York Eimes

NEW YORK, THURSDAY, MAY 21, 1992



Vice President Dan Quayle

TUESDAY

"It doesn't help matters when primetime TV has Murphy Brown . . . mocking the importance of fathers by bearing a child and calling it 'just another life style choice.' "

WEDNESDAY MORNING

"I have the greatest respect for single mothers. They are true heroes."





Marlin Fitzwater White House spokemen

WEDNESDAY

"The glorification of the life of an unwed mother does not do good service to most unwed mothers who are not highly paid, glamorous anchorwomen."

WEDNESDAY MID MORNING

"The Murphy Brown show [exhibits] pro-life values which we think are good."

## ...quick tangent...simply cannot resist!

If we don't succeed, we run the risk of failure.

"It isn't pollution that's harming the environment. It's the impurities in our air and water that are doing it."

What a terrible thing to have lost one's mind. Or not to have a mind at all. How true that is. No, I had no problem communicating with Latin American heads of state - though now I do wish I had paid more attention to Latin when I was in high school.



l stand by all the misstatements that l've made

## **Career Path**

- Finance –
- So. Many. Dudes.

Not so fun facts...

- 10% of Fortune 500 companies are led by females
- It will take nearly 50 years for the number of women in leadership to reflect their share of the U.S. population







# Words to describe me as a child circa 1978

**Driven Achiever** Attention-**Relator and Connectedness** Seeking Competitive **Competition Fearless Focus** < ? > Annoying

Gallup Strengths 2024

# **Group Discussion / Table Talk / Share**

- When do you feel most authentically yourself?
- Are there differences in the "you" that you show to your family and friends versus the "you" that you show in your career?

## **Your Unique Leadership Style**

- Save your energy be yourself!
- When you are playing to your strengths, embracing your true self, you move through the world more naturally
- It's exhausting to do it any other way

A Woman in harmony with her spirit is like a river flowing...prepared to be herself and only herself.

Maya Angelou

## **Group Discussion / Table Talk / Share**

- What aspects of yourself are you trying to control or diminish in your professional life?
- What would happen if you let go of that control?



A girl should be two things: who and what she wants.



- coco chanel

