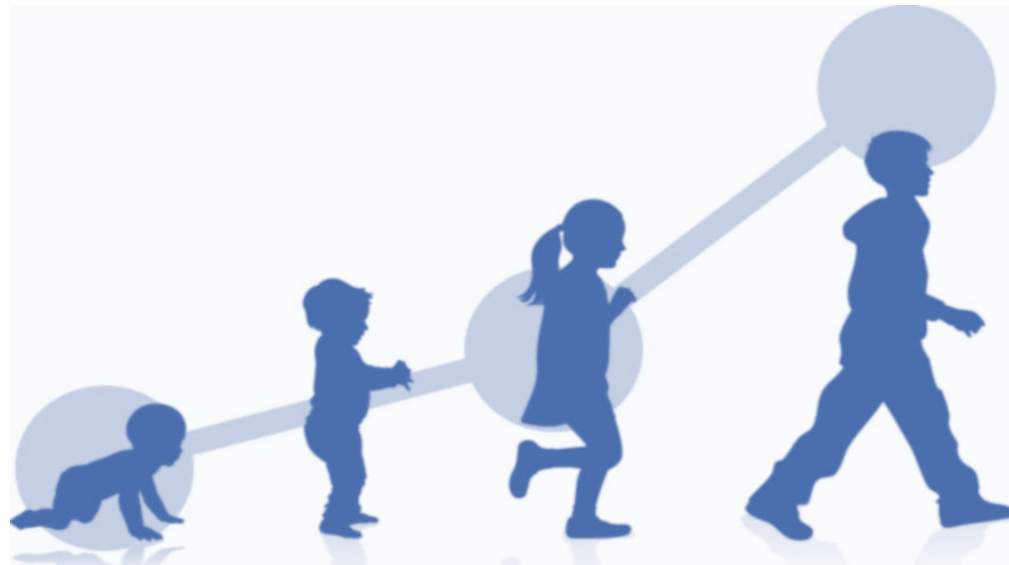


Pathways to School Readiness: Working Towards High Impact Strategies with the Family Engagement Self Assessment Tool (FE-SAT)



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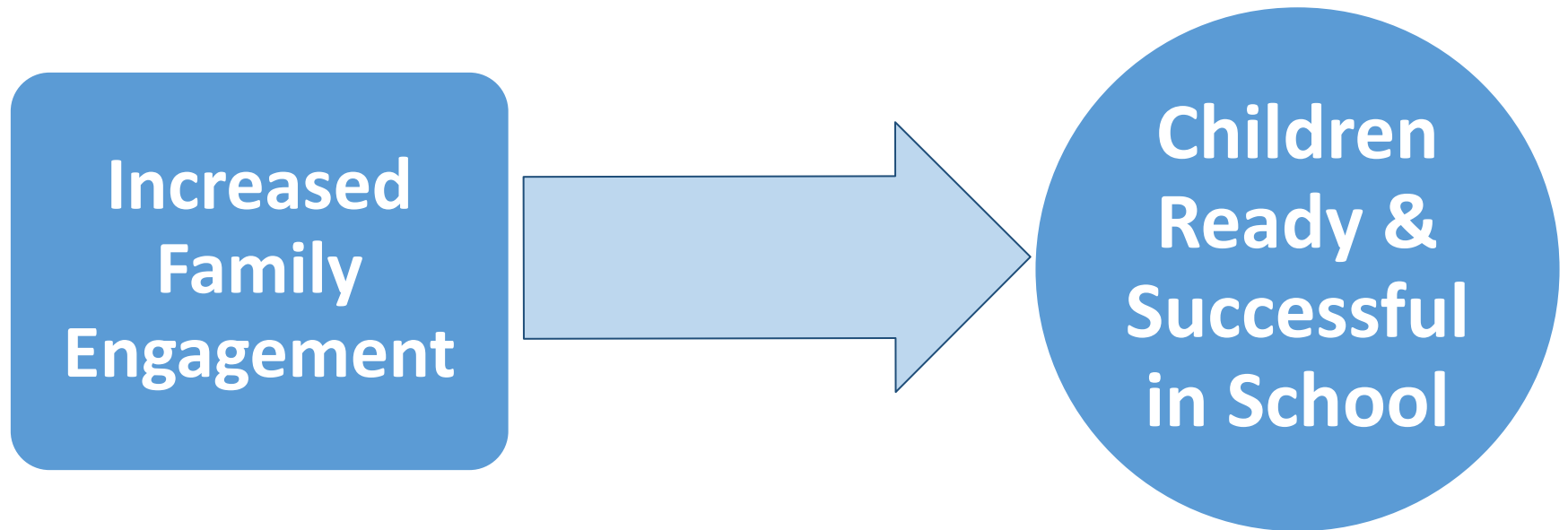
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Session Overview

1. **Research** on Family Engagement
2. **Overview** of the Family Engagement Self-Assessment Tool (FE-SAT)
3. **Walk through** FE-SAT
4. **Work** on FE-SAT examples
5. **Learn** about High Impact P3 Strategies (HIPS)

What We Think/ Assume/ Hypothesize



What Research Tells Us

Increased
Family
Engagement



Children
Ready &
Successful
in School

UNLESS We Pay Attention to:

**Type of FE
How Much
Quality & Content**

FE Research: What Doesn't Improve Child Success?

Almost No Research Support for FE Strategies Targeting:

“Traditional” Family Engagement Strategies

- Attending Parent-Teacher conferences
- One-time events (Back to School Night, Curriculum Night, etc.)
- Volunteering

FE Research: What Can Help Support Child Success?

Some Research Support for FE Strategies Targeting:

Improving Parent-Teacher Communication:

- Regular learning-focused communication
- Student focused educational partnerships
- Positive teacher-parent relationships

Fostering Parent Leadership & Decision-Making

- Helps increase participation & buy-in
- May improve parent self-confidence & advocacy skills

FE Research: What Strongly Supports Child Success?

Stronger Research Support for FE Strategies Targeting:

Building Parent Knowledge & Supports for Learning at Home:

- Language – talking & reading w/to child
- Direct homework support
- Educationally & developmentally supportive experiences

Encouraging Parenting Practices that Support Educational Attainment & School Success

- Attendance
- High positive expectations
- Monitoring & supervision of out of school time

Effective FE Work Develops Over Time

Emerging

Building Positive Relationships

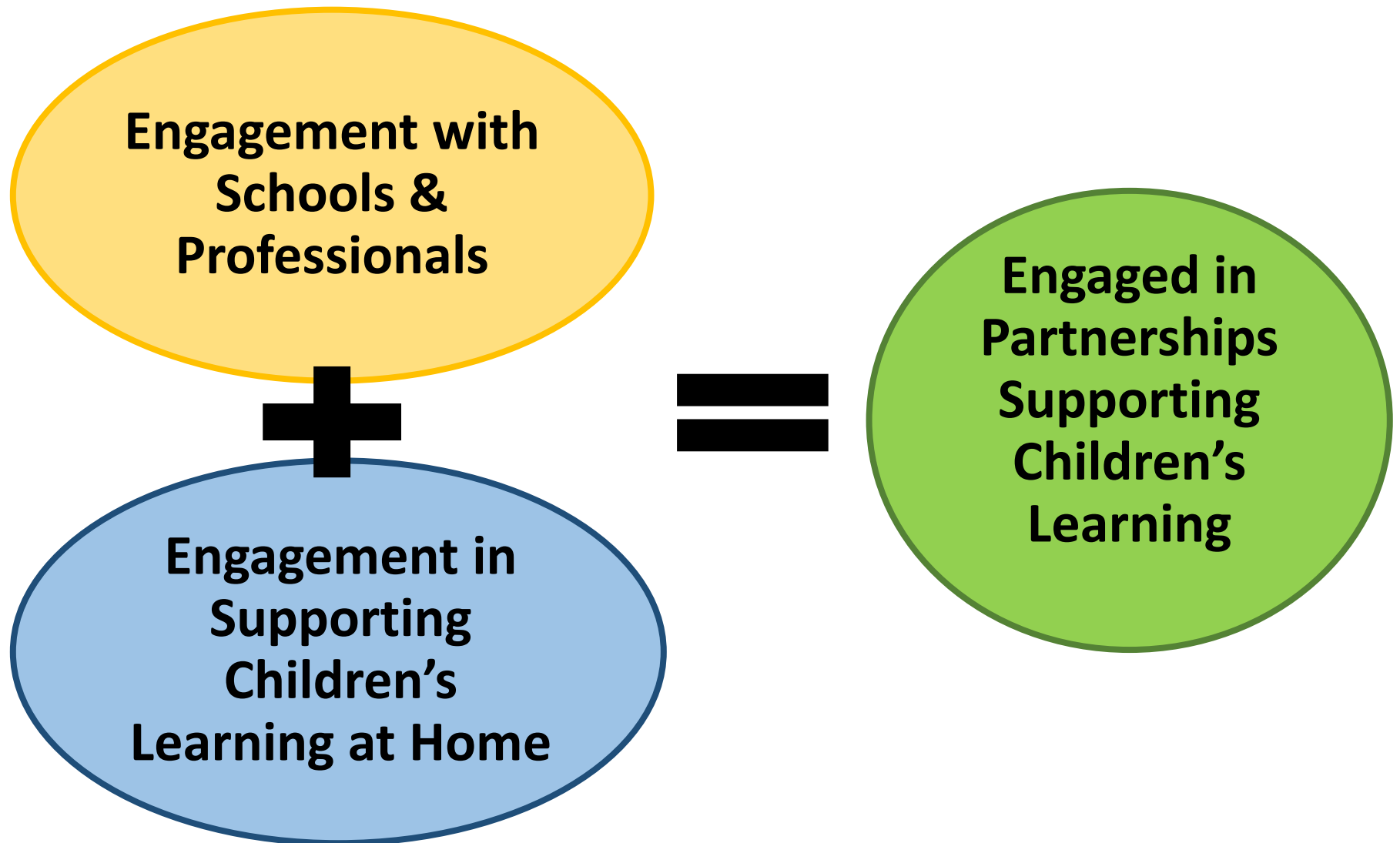
Progressing

Successful Learning-Focused Activities

Excelling

Strong Implementation of Evidence Based Practices

Elements of Successful Family Engagement



FE-SAT Introduction

- **WHAT** is it?
- **WHO** should complete it?
- **WHEN** should you complete it?
- **HOW** does it work?
- **WHERE** can you get it?



The Family Engagement Self-Assessment Tool (FE-SAT)

What it IS:

- **A tool** for reviewing, assessing, & planning improvements for FE strategies
- **A framework** for helping to understand how communities can “move the dial” on family engagement

What it is NOT:

- A report card for evaluating how “good” or “bad” your FE work is

The Family Engagement Self-Assessment Tool (FE-SAT)

Who Should Complete it?

- Organizations or teams who are
 - Planning or currently implementing
 - Activities to improve aspects of Family Engagement



Key Outcomes for P3 Family Engagement Activities – 5 Areas of the FE-SAT

- 1. Increasing Equity & Family Voice** to be responsive and inclusive of diverse family cultures, reflect family preferences and needs, & are guided by family input and voice
- 2. Strengthening Relationships** between parents, teachers & children
- 3. Changing Knowledge, Beliefs, & Skills** of parents, teachers, and/or children
- 4. Building Partnership-Oriented Communications**
- 5. Increasing Parent Input, Decision-Making, and Advocacy**

A Caveat

- Designed for assessing activities that directly involve families
- Not appropriate for activities focused solely on professionals (child care providers, teachers, etc.) such as professional development, training, or systems alignment work



HOLDING PLACE

- Examples of high impact FE work in Oregon—EDIT and/or update the following slides
- IF TIME?
- LP NOTE: perhaps SCHub will be able to provide insight into how they're using – I can ask Cynthia on my call with her on Wednesday...

How Does it Work?

Step 1: Identify a Family Engagement strategy to work on

Step 2: Complete the FE-SAT Cover Sheet

- **Scope:** What is the physical/geographical scope?
- **Stage:** What stage of implementation are you addressing?
- **Primary Goals?** What is the focus of the FE Strategy you are working on?
 1. **Equity & Family Voice – REQUIRED**
 2. Relationship Building
 3. Skills, Knowledge, Beliefs
 4. Family-Provider Communication
 5. Family Involvement in Decision Making

Completing Worksheets

Step 3: Work together to complete **Worksheet #1 on Equity & Family Voice**, describing and rating your work (or plan) in each area:

1. Representation
2. Content/Approach
3. Accessibility
4. Strengths-Based
5. Family-Driven
6. Translation/Interpretation

Step 4: Work together to complete Worksheets #2-5 as applicable to the goal(s) of your FE strategy

Making Your Ratings

- 1. Emerging** – Small changes towards goals, not evidence-based, “light touch” activities
- 2. Progressing** – More intensive efforts, some elements of FE best practices are in place
- 3. Excelling** – Strong implementation of best practices, use of evidence-based approaches, most likely to “move the dial” on child outcomes

Keep in Mind

- **Narrow** FE strategy (e.g., one program or workshop)
- Focus on **MAIN goal(s)** of the FE Strategy
- Think about how the strategy is **currently working**, not how it should work ideally
- Picking the best rating may be somewhat difficult – *do the best you can!*
- It is **NOT expected** (and unlikely) that any one FE strategy reaches “**excelling**” for every category

An Example

READY! for Kindergarten



- Evidence-based program with structured curriculum and content
- Minimum of 3, 2-hour family workshops/year (Fall, Winter, Spring)
- Workshops build on each other; goal is that families attend 3 per year
- Children attend events, but typically spend workshop time separate from parents
- Typically held at the school, dinner provided
- Families receive kits with hands-on activities and materials
- Teachers provide time during the workshop for some (limited) practice/use of materials

As a Team or With a Partner

Work through Worksheet #1 for READY! for Kindergarten

(Or, choose something you are working on right now)

Remember to:

- ✓ Make notes
- ✓ Write down ideas & examples
- ✓ Focus on how you can improve



Share Out

- ✓ Lightbulbs or ideas generated?
- ✓ Questions or stumbling blocks?

High Impact P3 Strategies: HIPS Resource Guide for P3



Thank you Salem Keizer P3!

What's the HIPS?

A Resource Guide for P3

- 3 working lists of P3 strategies and activities
- Based on review of research and practice literature
- Organized by ***3 primary goals for P3:***
 1. Family Engagement
 2. School Readiness & Kindergarten Transition
 3. Child Kindergarten-Third Grade Outcomes and Skills

What's in the HIPS?

1. Type of activity

- Programs, strategies, resources

2. Level of evidence

- Strong, moderate, preliminary, none

3. Estimated costs

4. Primary expected outcomes

- Communication
- Skills, abilities, beliefs
- Relationship Building
- Diversity/inclusion
- Access to resources



Find the Tools on Our Website!

<http://www.pdx.edu/ccf/>

- FE-SAT:

http://www.pdx.edu/ccf/sites/www.pdx.edu/ccf/files/FE-SAT%207-6-16_FINAL.pdf

- HIPS:

<http://www.pdx.edu/ccf/sites/www.pdx.edu/ccf/files/School%20Readiness-Kinder%20Transition%20HIPS%204-22-16.pdf>



Family Engagement Strategies

1. Strong, Trusting Relationships

- **Open the Door:**
 - Review policies, schedules, and org. culture
 - Start “light” then go deeper—Fun events, driven by parent interests
 - Think small - classrooms, grades vs. schoolwide
- **Convey Respect & Attention** to Family Culture and Circumstance
- **Support Professionals:** Dedicated staff time, professional development, staff peer support for family engagement & relationship building
- **Promising Model: Parent-Teacher Home Visits**

Family Engagement Strategies

2. Effective Two-Way Communication:

- **Regular & Frequent** – multiple times, multiple ways – aim for weekly communication
- **Multiple Levels:** Organization, Classroom, Child-Specific
- **Strengths based:** Communication about home and school **successes**, challenges, goals
- **Is it working?:** Get feedback from parents

Examples: Communication Strategies

- **Texting Apps:** Regular texts with class photos;
- **One-on-one:** Teacher home phone calls for “good news”
- **Home-School “logs”:** Notes back and forth
- **Classroom wide emails** on learning goals, activities, ways parents can help
- **Social Media:** School Facebook page

Family Engagement Strategies

3. Build Skills for Parent Support at Home

- Provide **evidence based** parenting education & kindergarten transition classes
- Promote shared learning with parents, child care providers, teachers
- Support parent-child activities, opportunities for practicing skills
- Multi-session classes and workshops that build skills over time
- Address cultural barriers & adapt programming
- Address family stress, basic needs

Examples: Effective Parenting Strategies

- **Variety of 0-5 parenting education programs (OPEC is a resource)**
 - **Kaleidoscope Play and Learn groups** for parents, child care providers, children
 - **Growth Mindset** shared trainings
 - **Evidence based home visiting:** EHS, Healthy Families, NFP, PAT
 - **Kindergarten Transition:** Kids in Transition (KITS); Ready for K!
- **Build Partnerships** with Early Learning Programs, Family Resource Providers (TANF, Housing, Food, etc.)